

OPTIONAL ADDITIONAL INSTRUCTIONS

(Check the box for any provision below that is applicable to you. Any provision not so checked is NOT applicable.)

If I lack the capacity to make decisions regarding my medical treatment, I direct all life-sustaining procedures be withheld or withdrawn under the following conditions:

- A. There is no reasonable expectation that I will regain a meaningful quality of life, and
- B. I have:
 - a terminal condition, or
 - a condition, disease or injury without hope of significant recovery, or
 - extreme mental deterioration, or
 - other _____; and/or
- C. Treatment does not relieve pain or provide comfort.

Life-sustaining procedures I choose to have withheld or withdrawn include but are not limited to:

- surgery
- heart-lung resuscitation (CPR)
- antibiotics
- mechanical ventilator (respirator)
- tube feedings (food and water delivered through a tube)
- intravenous feeding (nutrition or fluids through an IV tube)
- other

If my physician believes that a certain medical treatment may provide me with comfort, relieve pain or lead to a significant recovery, I direct my physician to try the treatment for a reasonable period of time. If it does not improve my condition, provide comfort or relieve pain, I direct the treatment be withdrawn even if so doing shortens my life.

A meaningful quality of life means to me that: (This does not need to be filled in for the instructions to be valid.)

_____ .

I direct I be given medical treatment to relieve pain or to provide comfort, even if such treatment might shorten my life, suppress my appetite or my breathing, or be habit-forming.

I prefer to live out my last days at home rather than in a hospital or a nursing home if it is not a burden to my family.

I make other instructions as follows: hospice to be provided if my family is not burdened by location, otherwise let me die in the hospital.

I have discussed my wishes with the following person(s) and request my physician to discuss my treatment decisions with them:

I have read these instructions and have given them careful consideration, and as I have indicated they are in accordance with my wishes.